



ST ANDREW'S JUNIOR SCHOOL
WEEK 1 MENU – AUTUMN TERM 2019
w/c 4 September, 14 October, 11 November, 2 December 2019



ALLERGEN CHECKLIST

	Gluten	Shellfish	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Peanuts	Celery	Sesame Seeds	Sulphur Dioxide	Lupin	Mustard
Sausage	✓													
Yorkshire Pudding	✓		✓				✓							
Mashed Potato							✓							
Tomato Pasta														
Chicken and tomato pasta	✓													
Veggie lasagne	✓						✓							
Jacket Potato fillings							✓							
Roast of the week														
Mushroom stroganoff and rice	✓						✓							
Chicken Goujons	✓													

	Gluten	Shellfish	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Peanuts	Celery	Sesame Seeds	Sulphur Dioxide	Lupin	Mustard
BBQ Sauce														
Cajun wedges														
Veggie nuggets	✓						✓							
Ham Pizza	✓						✓							
Herby diced potatoes														
Baked beans	✓													
Cheese Pizza	✓						✓							
Macaroni cheese	✓						✓							✓
Salad Bar	✓			✓						✓				
Sandwiches	✓			✓										
Fruit														
Yoghurt							✓							
Apple sponge	✓		✓				✓							
Custard							✓							

	Gluten	Shellfish	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Peanuts	Celery	Sesame Seeds	Sulphur Dioxide	Lupin	Mustard
Chocolate Chip muffin	✓						✓							
Ginger sponge	✓		✓				✓							
Chocolate fudge brownie	✓		✓				✓							
Chocolate sponge	✓		✓				✓							
Icecream							✓							



ST ANDREW'S JUNIOR SCHOOL
WEEK 2 MENU – AUTUMN TERM 2019

w/c 9 September, 30 September, 21 October, 18 November, 9 December 2019



ALLERGEN CHECKLIST

	Gluten	Shellfish	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Peanuts	Celery	Sesame Seeds	Sulphur Dioxide	Lupin	Mustard
Chicken Tikka			✓				✓							✓
Chicken Korma							✓							
Rice														
Cheese Flan	✓		✓				✓							
Jacket Potato fillings							✓							
Salad bar														
Sandwiches	✓			✓			✓							
Mince pie	✓						✓							
Steak pie	✓						✓							
New potatoes														
Veggie Chilli and rice														

	Gluten	Shellfish	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Peanuts	Celery	Sesame Seeds	Sulphur Dioxide	Lupin	Mustard
Roast of the week														
Roast potatoes														
Vegetable pastry	✓						✓							
Battered fish	✓			✓										
Tuna fishcakes	✓		✓	✓			✓							
Chips														
Mushy peas														
Cheese and potato pie	✓		✓				✓							
BBQ Chicken pizza	✓													
Herby diced potatoes														
Baked beans	✓													
Cheese pizza	✓						✓							
Macaroni cheese	✓						✓							✓

	Gluten	Shellfish	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Peanuts	Celery	Sesame Seeds	Sulphur Dioxide	Lupin	Mustard
Fruit														
Yoghurt							✓							
Vanilla square	✓		✓				✓							
Custard							✓							
Rice pudding							✓							
Jam														
Strawberry sponge	✓		✓				✓							
Chocolate sponge	✓		✓				✓							
Icecream							✓							



ST ANDREW'S JUNIOR SCHOOL
WEEK 3 MENU – AUTUMN TERM 2019

w/c 16 September, 7 October, 4 November, 25 November, 16 December 2019



ALLERGEN CHECKLIST

	Gluten	Shellfish	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Peanuts	Celery	Sesame Seeds	Sulphur Dioxide	Lupin	Mustard
Spaghetti and meatballs	✓													
New potatoes														
Veggie Sausage	✓		✓											
Yorkshire pudding	✓		✓				✓							
Jacket potato fillings							✓							
Sandwiches				✓			✓							
Salad bar				✓										
Chicken pie	✓						✓							
Mashed potato							✓							
Pesto Pasta	✓													

	Gluten	Shellfish	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Peanuts	Celery	Sesame Seeds	Sulphur Dioxide	Lupin	Mustard
Roast of the week														
Roast potatoes														
Cheese Flan	✓		✓				✓							
Fish fingers	✓			✓										
Roast vegetable pastry	✓						✓							
Pepperoni pizza	✓						✓							
Herby diced potatoes														
Baked beans	✓													
Cheese pizza	✓						✓							
Macaroni cheese	✓						✓							✓
Fruit														
Yoghurt							✓							

	Gluten	Shellfish	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Peanuts	Celery	Sesame Seeds	Sulphur Dioxide	Lupin	Mustard
Chocolate cookie	✓		✓				✓							
Fruit muffin	✓		✓				✓							
Syrup sponge	✓		✓				✓							
Custard							✓							
Fruity flapjack	✓						✓							
Chocolate sponge	✓		✓				✓							
Icecream							✓							