



**Supporting children
to develop their
social & emotional skills
Intervention Information**



Promoting excellence within a caring, Christian community

Supporting children to develop their social and emotional skills

At St Andrew's our vision is providing excellence in a caring, Christian community. We regard the health & well-being of everyone in our school as of highest importance. By applying this vision to our work practices, we aim to provide mental well-being and prevent stress by providing a supportive culture. We recognise that emotional health is equally as important as physical health and we are committed to doing everything we can to ensure everyone is able to thrive.

Before any interventions begin, staff and pupils will complete a short assessment. This will be repeated at the end of the sessions to measure impact. Parents/carers will be informed, where applicable.

Below is a table of our current interventions.

Intervention	Intended Outcomes	Duration	Delivery	Facilitator
Friendship	To build trusting, positive friendships To build confidence & understand what a good friend is.	6 x 1 hour Weekly	Small Group Maximum of 8	Learning Mentor
Self- esteem	To help children overcome difficulties, develop confidence and resilience.	6 x 1 hour Weekly	Small Group Maximum of 8	Learning Mentor
Jigsaw Juice	To promote a relaxed social time amongst peers. Free healthy snacks & drinks provided.	15 minutes Weekly for one term	Maximum of 10 All from same year group	Learning Mentor
Calm Colouring	To build confidence & social skills through the value of calm colouring.	1 hour Weekly for one term	Small Group	Learning Mentor
Rainbows	To support children who have suffered significant loss through death or separation.	14 x 45 minutes Weekly	Small Group of 2-5 children	Learning Mentor
Socially Speaking	To develop turn taking, listening & social skills.	20 minutes Weekly	Small Group of 2,4 or 6 children	TA/HLTA