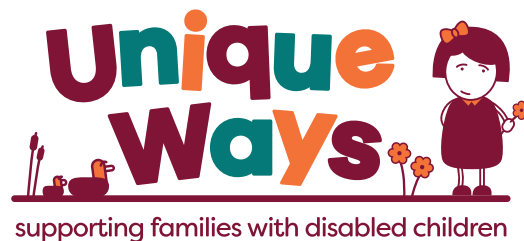


# COURSES & WORKSHOPS

## THE POSITIVES OF ASD & ADHD



### NEW 1 DAY SESSION

#### WHO

A course for those Parent Carers interested in issues around ADHD and Autism, with a focus on the more positive aspects of these conditions. It is particularly useful for parents whose child is about to or currently going through assessment for ADHD or Autism, or those who have a diagnosis and wish to empower their child to feel more comfortable and confident about the condition and be able to speak to others about it.

#### WHAT

This session introduces some of the more neglected positive aspects and benefits of neurodiversity, challenging the idea that it should always be seen in a negative light. We will look at some role models and share thoughts on some of the strengths we see in ourselves and our children. The course is led by professional trainers, who are themselves neurodivergent as well as being Parent Carers with neurodiverse children.

#### WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

#### WHEN

Tuesday 14th June 2022 - 10am until 1230pm

Refreshments / Lunch Provided

#### WHY

Because we know a lot about the challenges and we provide support in other ways such as our training courses and peer support, however, we noticed there was nothing that actively celebrated neurodiversity, seeing it from a different angle which can help promote acceptance and resilience.

**BOOK ONLINE: <https://pos140622.eventbrite.co.uk>**

# COURSES & WORKSHOPS

## MANAGING NEURODIVERSITY

*the Insiders Guide to... managing neurodiversity*



**“I’ve gained more information and knowledge as well as gained new friendships that understand me and our situation”**

### WHO

A course for dads, mums and anyone who cares for a child or young person with social, communication and interaction needs.

### WHAT

This course offers a mixture of practical skills for things like responding to behaviour, getting the best out of school and tips to handle tricky meetings, survival strategies and lots more.

It will be run by a parent who knows what it’s like, and a worker who has loads of extra information.

### WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

### WHEN

Wednesdays 10am until 1pm

Starting Wednesday 15th June 2022  
for 6 consecutive weeks: 15th, 22nd, 29th June, 6th,  
13th and 20th July 2022.

### WHY

Because Parent Carers getting together to better understand the journey on the Neurodevelopmental Pathway can make life easier for you and your family.

**BOOK ONLINE: <https://ig150622.eventbrite.co.uk>**

# COURSES & WORKSHOPS



## THE POSITIVES OF DYSLEXIA & DYSCALCULIA

### NEW 1 DAY SESSION

#### WHO

A course for those Parent Carers interested in issues around Dyslexia and Dyscalculia, with a focus on the more positive aspects of these conditions. It is particularly useful for parents whose child is about to be assessed or those who have a diagnosis for Dyslexia or Dyscalculia and wish to empower their child to feel more comfortable and confident about the condition and be able to proudly speak to others about it.

#### WHAT

This session introduces some of the more neglected positive aspects and benefits of neurodiversity. Dyslexia is often described as a superpower yet those with it can often be given negative messages about themselves and feel left behind, we want to celebrate the positives and gifts that being dyslexic brings. The course is led by professional trainers, who are themselves neurodivergent as well as being Parent Carers with neurodiverse children.

#### WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

#### WHEN

Tuesday 28th June 2022 - 10am until 1230pm  
Refreshments / Lunch Provided

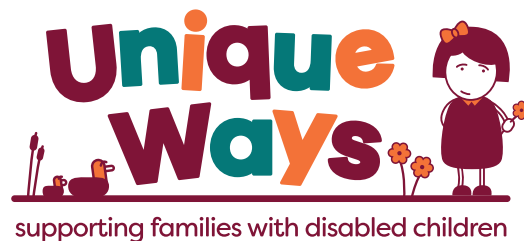
#### WHY

We want to raise awareness and help people with the conditions to lean into their strengths and create more fulfilling and happier futures for themselves, by being ambitious and seeing their own value we can undo some of the damage that the challenges they face can create.

**BOOK ONLINE: <https://pos280622.eventbrite.co.uk>**

# COURSES & WORKSHOPS

## PREPARING FOR ADULTHOOD



### BRAND NEW 6 WEEK COURSE!

#### WHO

This course is for parents and carers of young people who have an EHCP and are 13-25

#### WHAT

The course offers information about the practical changes ahead including the Mental Capacity Act and decision making, the Care Act and support options after school. The course also gives parents and carers the chance to think about the years ahead and begin a person centred plan for themselves and their child. You will explore ideas to help your child approach adulthood. The course is delivered by a parent who has worked as an advocate for many years. Practitioners will be invited to share their knowledge as well.

#### WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

#### WHEN

Mondays 10am until 1pm

Starting Monday 12th September 2022  
for 6 consecutive weeks: 12th, 19th, 26th September,  
3rd, 10th and 17th October 2022.

#### WHY

Because Parent Carers need to feel informed and empowered about their young persons transition into adulthood.

**BOOK ONLINE: <https://pfa120922.eventbrite.co.uk>**

# COURSES & WORKSHOPS



## UNDERSTANDING ANXIETY

*the Insiders Guide to... understanding anxiety*

**“I’ve connected with parents and learnt more about anxiety and ways to help my child to cope.”**

### WHO

A course for dads, mums and anyone who cares for a child in primary school who worries too much.

### WHAT

This course will cover things like understanding and tackling anxiety, tips to handle meetings with schools and others, strategies to help children with their anxious feelings and ideas for building resilience too.

It will be run by a parent who knows what it’s like, and a worker who has loads of extra information.

### WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

### WHEN

Wednesdays 10am until 1pm

Starting Wednesday 14th September 2022  
for 6 consecutive weeks: 14th, 21st, 28th September,  
5th, 12th and 19th October 2022.

### WHY

Because Parent Carers getting together to better understand anxiety can make life easier for you and your family.

**BOOK ONLINE: <https://ig140922.eventbrite.co.uk>**

# COURSES & WORKSHOPS

## SEND SUPPORT IN EDUCATION



### BRAND NEW 4 WEEK COURSE!

#### WHO

A course to help empower Parent Carers to secure the education their child is legally entitled to.

The course will be delivered by a Parent Carer who is also trained specifically in SEND.

#### WHAT

This course will increase Parent Carers knowledge and understanding of the SEN Legal Framework. The course will cover:-

- Reasonable adjustments in school.
- What is an Individual Education Plan (IEP)?
- What is an Education Health and Care Plan (EHCP)?
- How do I get an EHCP ?.
- What if they say no ?.

#### WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

#### WHEN

Thursdays 10am until 12.30pm

Starting Thursday 15th September 2022  
for 4 consecutive weeks: 15th, 22nd, 29th September  
and 6th October 2022.

#### WHY

Because we know that the world of SEN support in schools is confusing and can be very different from area to area and school to school. Parent Carers need to feel empowered to have what they might think are difficult conversations relating to what education their child is legally entitled to.

**BOOK ONLINE: <https://ss150922.eventbrite.co.uk>**



# COURSES & WORKSHOPS



## BEHAVIOUR THAT CHALLENGES

*the Insiders Guide to... managing behaviour that challenges*

**“I wish I’d had the information like this at the start and finding out I wasn’t the only one having a problem really helped!”**

### WHO

A course for dads, mums and anyone who cares for a child or young person with challenging behaviour.

### WHAT

This course offers a mixture of practical skills for things like dealing with professionals or responding to behaviour.

It will be run by a parent who knows what it’s like and a worker who has loads of extra information.

### WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

### WHEN

Tuesdays 10am until 1pm

Starting Tuesday 1st November 2022  
for 6 consecutive weeks: 1st, 8th, 15th, 22nd, 29th  
November and 6th December.

### WHY

Because Parent Carers getting together to better understand challenging behaviour can make life easier for you and your family.

**BOOK ONLINE: <https://ig011122.eventbrite.co.uk>**

# COURSES & WORKSHOPS

## EMPOWERING PARENT CARERS

*to get the best outcomes for children and young people with SEND*



### WHO

A course for dads, mums and anyone who cares for a child or young person with SEND

### WHAT

Learn How to...

- ...Speak up for Children and Young People.
- ...Be confident in meetings.
- ...Be heard by teachers and other professionals.
- ...Understand the Words and Ideas of the Special Educational and Disabilities World.

### WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

### WHEN

Tuesdays 10am until 2.30pm

Starting Tuesday 3rd January 2023  
for 6 consecutive weeks: 3rd, 10th, 17th, 24th, 31st  
January and 7th February 2023.

### WHY

Because Parent Carers getting together to better understand how your voice can be used can make life easier for you and your family.



This course is funded by Family Voice Calderdale, The Parent Carer Forum for Calderdale, which is a project of Unique Ways.

**BOOK ONLINE: <https://ep030123.eventbrite.co.uk>**



# COURSES & WORKSHOPS



## UNDERSTANDING ADHD

*the Insiders Guide to... understanding ADHD*

**“I wish I’d had the information like this at the start and finding out I wasn’t the only one having a problem really helped!”**

### WHO

A course for dads, mums and anyone who cares for a child with an ADHD diagnosis.

### WHAT

This course will cover things like understanding and managing ADHD, school issues and tips to handle tricky meetings, survival strategies and lots more.

It will be run by a parent who knows what it’s like, and a worker who has loads of extra information

### WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

### WHEN

Tuesdays 10am until 1pm

Starting Tuesday 7th March 2023  
for 6 consecutive weeks: 7th, 14th, 21st, 28th March,  
4th and 11th April 2023.

### WHY

Because Parent Carers getting together to better understand ADHD can make life easier for you and your family.

**BOOK ONLINE: <https://ig070323.eventbrite.co.uk>**