



supporting families with disabled children

2022 - 2023

**COURSES &
WORKSHOPS**

BLANK ON PURPOSE

2022 - 2023



COURSES & WORKSHOPS

Unique Ways are pleased to be able to offer the following courses and workshops for the 2022 - 2023 Financial Year.

One of the most important things we do at Unique Ways is to offer training courses for our members, helping you to build your skills and resilience, learn tools and tactics for dealing with schools, health services and Local Authorities, and develop a person-centred method of dealing with your child's additional needs.

Courses are free * for Unique Ways members, and are led by our own fully trained and qualified practitioners. Most of our team are also Parent Carers themselves, so you can be sure that our courses are being led by someone who knows what you're going through, and really is there to help.

THE POSITIVES OF ASD & ADHD

A course for those Parent Carers interested in issues around ADHD and Autism with a focus on the more positive aspect of these conditions.

This session introduces some of the more neglected positive aspects and benefits of neurodiversity, challenging the idea that it should always be seen in a negative light. We will look at some role models and share thoughts on some of the strengths we see in ourselves and our children. The course is led by professional trainers, who are themselves neurodivergent as well as being Parent Carers with neurodiverse children.

@ Unique Ways, Hanson Lane Enterprise Centre, Hanson Lane, Halifax, HX1 5PG

Tuesday 14th June 2022 - 10am until 12.30pm - FREE LUNCH INCLUDED

BOOK ONLINE: <https://pos140622.eventbrite.co.uk>

*BOOKING TERMS & CONDITIONS

Unique Ways is a small charity and our programme of Training Courses which we provide free of charge to Parent Carers have a significant cost to us. To secure a place you will be required to pay a £5.00 refundable deposit for all of our training courses when booking. Upon completion of the course, this will be refunded to you in full. Any retained fees will contribute to deposit and refund processing and administration costs.

All our Training Courses need a minimum of 8 Parent Carers to go ahead.

Unfortunately, we have experienced a high volume of Parent Carers signing up for our courses and then not attending. We understand that there will be genuine reasons why you cannot attend a course, or all sessions of a course, you signed up for, but we ask that you please advise us in advance if possible as a courtesy to other parent carers who are on the waiting list, otherwise, you are preventing other Parent Carers getting on the course.

Refunds are available up to 7 days before the beginning of the course. Refunds within 7 days will be at Unique Ways discretion. By cancelling your place and receiving your refund, you will open up a place for another Parent Carer.

2022 - 2023 COURSES & WORKSHOPS



MANAGING NEURODIVERSITY

the Insiders Guide to... Coping With Social and Communication Difficulties

A course for dads, mums and anyone who cares for a child or young person with social, communication and interaction needs.

This course offers a mixture of practical skills for things like responding to behaviour, getting the best out of school and tips to handle tricky meetings, survival strategies and lots more.

It will be run by a parent who knows what it's like and a worker who has loads of extra information.

@ Unique Ways, Hanson Lane Enterprise Centre, Hanson Lane, Halifax, HX1 5PG

Wednesdays 10am until 1pm - Starting Wednesday 15th June 2022
for 6 consecutive weeks: 15th, 22nd, 29th June, 6th, 13th, 20th July 2022.

BOOK ONLINE: <https://ig150622.eventbrite.co.uk>

THE POSITIVES OF DYSLEXIA & DYSCALCULIA

A course for those Parent Carers interested in issues around ADHD and Autism with a focus on the more positive aspect of these conditions.

This session introduces some of the more neglected positive aspects and benefits of neurodiversity. Dyslexia is often described as a superpower yet those with it can often be given negative messages about themselves and feel left behind, we want to celebrate the positives and gifts that being dyslexic brings. The course is led by professional trainers, who are themselves neurodivergent as well as being Parent Carers with neurodiverse children.

@ Unique Ways, Hanson Lane Enterprise Centre, Hanson Lane, Halifax, HX1 5PG

Tuesday 28th June 2022 - 10am until 12.30pm - FREE LUNCH INCLUDED

BOOK ONLINE: <https://pos280622.eventbrite.co.uk>

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COURSES & WORKSHOPS



PREPARING FOR ADULthood

including the Mental Capacity Act & Transitions

A course for Parent carers of Young People who have an EHCP and are 13-25

The course offers information about the practical changes ahead including the Mental Capacity Act and decision making, the Care Act and support options after school. It gives Parents and Carers the chance to think about the years ahead and begin a person centred plan for themselves and their child. We will also explore how to help your child approach adulthood.

@ Unique Ways, Hanson Lane Enterprise Centre, Hanson Lane, Halifax, HX1 5PG

Mondays 10am until 1pm - Starting Monday 12th September 2022
for 6 consecutive weeks: 12th, 19th, 26th September and 3rd, 10th and 17th October 2022.

BOOK ONLINE: <https://p4a120922.eventbrite.co.uk>

UNDERSTANDING ANXIETY

the Insiders Guide to... Understanding Anxiety

A course for dads, mums and anyone who cares for a child in primary school who worries too much.

This course will cover things like understanding and tackling anxiety, tips to handle meetings with schools and others, strategies to help children with their anxious feelings and ideas for building resilience too.

It will be run by a parent who knows what it's like, and a worker who has loads of extra information.

@ Unique Ways, Hanson Lane Enterprise Centre, Hanson Lane, Halifax, HX1 5PG

Wednesdays 10am until 1pm - Starting Wednesday 14th September 2022
for 6 consecutive weeks: 14th, 21st, 28th September, 5th, 12th and 19th October 2022.

BOOK ONLINE: <https://ig140922.eventbrite.co.uk>

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SEND SUPPORT IN EDUCATION

A course to help empower Parent Carers to secure the education that their child is legally entitled to.

This course will increase Parent Carers knowledge and understanding of the SEN Legal Framework. The course will cover:-

- Reasonable adjustments in school.
- What is an Individual Education Plan (IEP)?
- What is an Education Health and Care Plan (EHCP)?
- How do I get an EHCP ?.
- What if they say no ?.

@ Unique Ways, Hanson Lane Enterprise Centre, Hanson Lane, Halifax, HX1 5PG

Thursdays 10am until 12.30pm - Starting Thursday 15th September 2022
for 4 consecutive weeks: 15th, 22nd, 29th September, and 6th October 2022.

BOOK ONLINE: <https://ss150922.eventbrite.co.uk>

BEHAVIOUR THAT CHALLENGES

the Insiders Guide to... Managing Behaviour that Challenges

A course for dads, mums and anyone who cares for a child or young person with challenging behaviour.

This course offers a mixture of practical skills for things like dealing with professionals or responding to behaviour.

It will be run by a parent who knows what it's like and a worker who has loads of extra information.

@ Unique Ways, Hanson Lane Enterprise Centre, Hanson Lane, Halifax, HX1 5PG

Tuesdays 10am until 1pm - Starting Tuesday 1st November 2022
for 6 consecutive weeks: 1st, 8th, 15th, 22nd, 29th November and 6th December 2022.

BOOK ONLINE: <https://ig01122.eventbrite.co.uk>

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COURSES & WORKSHOPS



UNDERSTANDING ADHD

the Insiders Guide to... Understanding ADHD

A course for dads, mums and anyone who cares for a child with an ADHD diagnosis

This course will cover things like understanding and managing ADHD, school issues and tips to handle tricky meetings, survival strategies and lots more.

It will be run by a parent who knows what it's like, and a worker who has loads of extra information

@ Unique Ways, Hanson Lane Enterprise Centre, Hanson Lane, Halifax, HX1 5PG

Tuesdays 10am until 1pm - Starting Tuesday 7th March 2023
for 6 consecutive weeks: 7th, 14th, 21st, 28th March, 4th and 11th April 2023.

BOOK ONLINE: <https://ig0070323.eventbrite.co.uk>

EMPOWERING PARENT CARERS

to get the best outcomes for children and young people with SEND

A course for dads, mums and anyone who cares for a child or young person with SEND.

Learn how to...

| Speak up for Children and Young People | Be confident in meetings | Be heard by teachers and other professionals | Understand the Words and Ideas of the Special Educational and Disabilities World (SEND).

@ Unique Ways, Hanson Lane Enterprise Centre, Hanson Lane, Halifax, HX1 5PG

Tuesdays 10am until 1pm - Starting Tuesday 1st November 2022
for 6 consecutive weeks: 1st, 8th, 15th, 22nd, 29th November and 6th December 2022.

BOOK ONLINE: <https://ep030123.eventbrite.co.uk>

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HALIFAX CENTRAL COFFEE MORNING

1st Tuesday of every month (school holiday dependent)

TIME: 10:00 - 11:30

@HANSON LANE ENTERPRISE CENTRE, HANSON LANE, HALIFAX, HX1 5PG

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|----------------|-----------------|---------------|--------------|
| APRIL 2022 | TUESDAY 5th | OCTOBER 2022 | TUESDAY 4th |
| MAY 2022 | TUESDAY 3rd | NOVEMBER 2022 | TUESDAY 1st |
| JUNE 2022 | TUESDAY 7th | DECEMBER 2022 | TUESDAY 6th |
| JULY 2022 | TUESDAY 5th | JANUARY 2023 | TUESDAY 10th |
| AUGUST 2022 | SCHOOL HOLIDAYS | FEBRUARY 2023 | TUESDAY 7th |
| SEPTEMBER 2022 | TUESDAY 5th | MARCH 2023 | TUESDAY 7th |

HALIFAX CENTRAL AFTERNOON TEA

3rd Wednesday of every month (school holiday dependent)

TIME: 12:30 - 2:00

@HANSON LANE ENTERPRISE CENTRE, HANSON LANE, HALIFAX, HX1 5PG

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|----------------|-----------------|---------------|----------------|
| APRIL 2022 | SCHOOL HOLIDAYS | OCTOBER 2022 | WEDNESDAY 19th |
| MAY 2022 | WEDNESDAY 18th | NOVEMBER 2022 | WEDNESDAY 23rd |
| JUNE 2022 | WEDNESDAY 15th | DECEMBER 2022 | WEDNESDAY 14th |
| JULY 2022 | WEDNESDAY 20th | JANUARY 2023 | WEDNESDAY 18th |
| AUGUST 2022 | SCHOOL HOLIDAYS | FEBRUARY 2023 | WEDNESDAY 15th |
| SEPTEMBER 2022 | WEDNESDAY 21st | MARCH 2023 | WEDNESDAY 15th |