



**ST ANDREW'S JUNIOR SCHOOL**  
**WEEK 1 MENU – AUTUMN TERM 2022**

w/c 5 September, 26 September, 17 October, 14 November & 5 December 2022



**ALLERGEN CHECKLIST**

	Gluten	Shellfish	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Peanuts	Celery	Sesame Seeds	Sulphur Dioxide	Lupin	Mustard
Chicken Tikka Curry							✓							
Vegetable chilli														
Rice														
Naan Bread	✓													
Iced Ginger Sponge	✓		✓				✓							
Custard							✓							
Mince/Meat & potato pie	✓		✓				✓							
Mashed potato							✓							
Cabbage														
Carrot & swede mash							✓							
Cheese & potato pie	✓		✓				✓							

<b>Chocolate chip muffin</b>	✓		✓				✓							
<b>Roast of the week</b>														
<b>Mashed potato</b>							✓							
<b>Green beans Cauliflower</b>														
<b>Vegetable cottage pie</b>	✓						✓							

	Gluten	Shellfish	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Peanuts	Celery	Sesame Seeds	Sulphur Dioxide	Lupin	Mustard
Chocolate sponge & custard	✓		✓				✓							
Cheese & pepperoni pizza	✓						✓							
Herby diced potatoes														
Beans														
Macaroni cheese	✓						✓							
Ice cream							✓							
Battered fish	✓			✓										
New potatoes														
Mushy peas														
Curry sauce	✓					✓								✓
Vegetable burger	✓													
Flapjack	✓						✓							

Salad Bar														
Cheese sandwich							✓							
Ham sandwich														
Tuna mayo sandwich				✓			✓							✓
Jacket potato with cheese							✓							
Jacket with baked beans														
Yoghurt							✓							



**ST ANDREW'S JUNIOR SCHOOL**  
**WEEK 2 MENU – AUTUMN TERM 2022**

w/c 12 September, 3 October, 31 October, 21 November & 12 December 2022

**ALLERGEN CHECKLIST**

	Gluten	Shellfish	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Peanuts	Celery	Sesame Seeds	Sulphur Dioxide	Lupin	Mustard
Chicken Pasta	✓													
Tomato Pasta	✓													
Apple crumble	✓						✓							
Custard							✓							
Chicken Pie	✓		✓				✓							
Mashed potato							✓							
Cauliflower Broccoli														
Vegetable Pie	✓		✓				✓							

Cornflake buns	✓						✓							
Roast of the week														
Roast potatoes														
Peas & carrots														
Vegetable hotpot	✓													
Steak pie	✓						✓							
Ginger sponge & custard	✓		✓				✓							
Pizza	✓						✓							
Fish fingers	✓			✓										
Vegetable nuggets	✓													
Potato wedges														
Green beans/ sweetcorn														
Strawberry mousse							✓							

Salad Bar														
Cheese sandwich							✓							
Ham sandwich														
Tuna mayo sandwich				✓			✓							✓
Jacket potato with cheese							✓							
Jacket with baked beans														
Yoghurt							✓							



**ST ANDREW'S JUNIOR SCHOOL**  
**WEEK 3 MENU – AUTUMN TERM 2022**  
w/c 19 September, 10 October, 7 November & 28 November



**ALLERGEN CHECKLIST**

	Gluten	Shellfish	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Peanuts	Celery	Sesame Seeds	Sulphur Dioxide	Lupin	Mustard
Sausages	✓					✓								
Vegetable sausages	✓													
Mashed potato							✓							
Yorkshire pudding	✓		✓				✓							
Peas/sweetcorn														
Syrup sponge	✓		✓				✓							
Custard							✓							
Spaghetti bolognese	✓													
Vegetable lasagne	✓						✓							
Garlic bread	✓						✓							



	Gluten	Shellfish	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Peanuts	Celery	Sesame Seeds	Sulphur Dioxide	Lupin	Mustard
Chocolate cookie	✓		✓				✓							
Roast of the week														
New potatoes														
Cabbage & green beans														
Cheese Pasty	✓		✓				✓							
Jam sponge	✓			✓			✓							
Custard							✓							
Pizza	✓						✓							
Chicken goujons	✓													
Cajun wedges														
Peas and sweetcorn														
Vegetable nuggets	✓													
Chocolate brownie	✓		✓				✓							
Salad Bar														
Cheese							✓							

<b>sandwich</b>														
<b>Ham sandwich</b>														
<b>Tuna mayo sandwich</b>				✓			✓							✓
<b>Jacket potato with cheese</b>							✓							
<b>Jacket with baked beans</b>														
<b>Yoghurt</b>							✓							