



Robinwood

18th- 20th October 2023

Dobroyd Castle

Agenda

1. Outline of the trip including; dormitories, groups, activities, costs, sickness, what to pack etc.
2. Opportunity to ask questions

Why do we go?

Throughout their time at Robinwood, children:

- challenge themselves to overcome fears
- improve their listening skills
- take on leadership roles
- become more confident speaking out in a group
- support others in challenging situations
- become great team members and help their group work more as a team
- work successfully with children they would not normally work with
- become more aware of the needs of others
- improve their problem solving skills
- develop new skills
- overcome physical challenges
- Work back in school links to literacy and teamwork

Staff

- When children arrive they will be split into groups of approximately 10 pupils (maximum of 12)
- Each group will have a group leader and a member of staff from School
- We also take an extra adult to oversee all groups
- Children remain with their group leader from 9am-9pm
- Wake-up staff team help pupils to get ready for breakfast and ready for their first activity

Rooms



- Teachers will allocate dormitories to pupils prior to going
- Rooms generally have between 4-10 pupils in
- Girls and boys are separated
- Night duty staff are on duty from 9pm-9am
- All dormitories have a call button

Food

The food is good and there is plenty of it!

As well as toast and cereals, they provide a full cooked breakfast. At lunch time Robinwood typically provide a chicken wrap or baked potatoes with fillings, sandwiches, soup, fruit and yoghurts. They provide a cooked evening meal, pasta bolognese or pizza for example, followed by a tasty dessert. Meals vary throughout the year with more hot food and hot soup available over winter time. Break time snacks are also provided by Robinwood.

There is always a vegetarian option and special diets can be catered for as required as long as we are notified in advance. They aim to provide healthy meals that will appeal to the children in order that they get the energy intake they need to fuel their three days at Robinwood.

Friendships

- Children will be in the same group during the day throughout their visit. This group will be decided by teaching staff.
- Children will have a different dormitory group.

Sickness

- Staffing levels are very high
- If your child was poorly we would be in touch and, if required, we would bring them home once we had been in touch with parents
- More information about medication will be given closer to the time. Teachers will only give pupils prescribed medicine.
- Sickness tablets will be administered to pupils if the appropriate form has been completed prior to the trip.

Mobile phones



- Mobile phones and electronic devices are not to brought on the trip
- We will send text messages to all parents with updates about the trip
- We will get in touch with you If we needed to.
- Enjoy the peace! 😊

Typical three day programme at Dobroyd Castle

Around 24 hours of high quality activity sessions packed into a 3 day course. We ensure your group gains the most possible from every moment spent at Robinwood, from wake-up around 7.00am to lights out (and sleep!) at 10.00pm. Please note that this activity programme does vary dependent in particular on weather conditions and the timetable given is only a sample. The activity programme you follow will be confirmed in advance of your course, within a personalised timetable for your school.

Day 1

- Arrivals are typically about 11.00am
- Lunch
- Giant Swing
- Raft Building
- Crate Challenge
- Evening Meal
- Trapeze
- Quest
- Hot Chocolate and Review

Day 2

- Breakfast
- Zip Wire
- Canoeing
- Archery
- Lunch
- Nightline
- Piranha Pool
- Caving
- Evening Meal
- Team Challenge
- Hot Chocolate and Review

Day 3

- Breakfast
- Dungeon
- Climbing
- Challenge Course
- Lunch
- Departures are typically about 2.30pm



What to pack

- The suggested kit list will be sent out closer to the time
- Please name all belongings
- Please put their belongings in a bag they can pick up or pull.

What kit will children need?

There is no need to go out and buy anything special for a trip to Robinwood as all specialist equipment is provided. Robinwood also provides a selection of additional clothing which is ideal for Robinwood activities. Additional clothing provided by Robinwood Activity Centre includes;

- heavy duty waterproof cagouls
- heavy duty waterproof overtrousers
- warm fibre pile tops
- warm fibre pile mittens
- heavy duty wellies
- footwear for watersports activities
- full sets of clothing for the piranha pool
- additional towels

•The clothing list given includes clothing being worn on the journey, so for example assuming you are wearing socks and underwear on your journey to Robinwood, you only need to pack 5 pairs of each!

Suggested clothing list:3 T-shirts (not vest type)

- 3 Sweatshirts / long sleeved tops
- 3 Pairs of trousers
- 2 Pairs of shorts (mid thigh or longer)
- 6 Sets of underwear
- 6 Pairs of socks
- 1 Pair of trainers (indoor use)
- 1 Pair of outdoor shoes/boots
- 2 Towels
- 1 Coat (ideally waterproof, required for walk to and from centre)
- 1 Warm hat
- 1 Pair of gloves
- 1 Set of nightwear
- 1 Bag of toiletries

1. Notes on the suggested clothing There is a drying room and also provide a laundry facility for children's clothing at Robinwood. Wet and/or dirty clothing will be washed on a 30 degree cycle and dried in a tumble drier. Please do not bring any new or expensive items, or any items which cannot be tumble dried.

2. As a result of the provision of specialist Robinwood clothing and the laundry facility offered, children do not need to bring much additional clothing with them. Keeping the clothing brought by children to a minimum helps us to reduce lost property.

3. Due to the nature of the activities it is possible that clothes may occasionally get damaged. All clothing should be suitable for use in an outdoor, and often muddy, environment. Old clothes are best, not new or expensive clothing.

4. Jeans are not suitable for our activities, as they are cold and restrictive when wet and difficult to dry. Tracksuits or jogging bottoms are ideal, but other trousers would also be fine.

5. Please ensure, wherever possible, that items of clothing are marked with the child's name. We do our very best to return all property to the children that it belongs to. This is made much easier if items are named.

NB Please do not bring any aerosol sprays. The fire alarm is sensitive in order to ensure high standards of fire safety and aerosols sprayed near any of the many smoke alarm sensors can set off the fire alarm for the whole centre.

Costs

- Total cost of trip is £285
- This covers all food, staff at the centre, accommodation, insurance, activities.
- School is covering the cost of the transport
- FSM please speak to the school office
- Please meet the deadlines dated
- Can be paid weekly if you would prefer
- Please do not wait until the final deadline to pay for the whole trip
- Impact on low pupil numbers