








# ST ANDREW'S JUNIOR SCHOOL

## AUTUMN TERM 2023 – WEEK 1

w/c 4 September, 25 September, 16 October, 13 November, 4 December 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <b>Chicken curry</b> <b>Rice, Naan Bread</b> <b>Sweetcorn and peas</b>	 <b>Cottage pie with fluffy mash</b> <b>Cabbage</b> <b>Broccoli and Cauliflower</b>	 <b>Roast of the week</b> <b>Mashed potato</b> <b>Green beans and Carrots</b>	 <b>Pepperoni or Cheese Pizza</b> <b>Herby diced potatoes</b> <b>Baked beans</b>	 <b>Fish</b> <b>Wedges</b> <b>Mushy peas</b> <b>Curry sauce</b>
<b>Vegetable curry</b> <b>Rice</b>	<b>Vegetable cottage pie with fluffy mash</b>	<b>Vegetable Hot Pot</b>	<b>Macaroni cheese</b>	<b>Vegetable burger</b>
<b>Jacket potato with a variety of fillings</b>	<b>Jacket potato with a variety of fillings</b>	<b>Jacket potato with a variety of fillings</b>	<b>Jacket potato with a variety of fillings</b>	<b>Jacket potato with a variety of fillings</b>
<b>Salad bar</b>	<b>Salad bar</b>	<b>Salad bar</b>	<b>Salad bar</b>	<b>Salad bar</b>
<b>Choice of sandwiches</b>	<b>Choice of sandwiches</b>	<b>Choice of sandwiches</b>	<b>Choice of sandwiches</b>	<b>Choice of sandwiches</b>
<b>Fresh Fruit</b> <b>Yoghurt</b> <b>Iced ginger sponge and custard</b>	<b>Fresh Fruit</b> <b>Yoghurt</b> <b>Chocolate chip muffin</b>	<b>Fresh Fruit</b> <b>Yoghurt</b> <b>Chocolate sponge and custard</b>	<b>Fresh Fruit</b> <b>Yoghurt</b> <b>Vanilla ice cream</b>	<b>Fresh Fruit</b> <b>Yoghurt</b> <b>Flapjack</b>

Please note that due to seasonal availability we may occasionally change the vegetables listed.  
Please ensure you keep us informed of any dietary requirements or allergies for your child








# ST ANDREW'S JUNIOR SCHOOL

## AUTUMN TERM 2023 – WEEK 2

w/c 11 September, 2 October, 23 October, 20 November, 11 December 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <b>Chicken pie</b> <b>Mash</b> <b>Carrots and green beans</b>	 <b>Lasagne</b> <b>Garlic bread</b> <b>Sweetcorn and peas</b>	 <b>Roast of the week</b> <b>Roast potatoes</b> <b>Cauliflower and broccoli</b>	 <b>Pepperoni or Cheese Pizza</b> <b>Herby diced potatoes</b> <b>Baked Beans</b>	 <b>Fish fingers</b> <b>Sweet potato wedges</b> <b>Peas and carrots</b>
<b>Cheese pie</b>	<b>Vegetable lasagne</b>	<b>Vegetable pie</b>	<b>Macaroni cheese</b>	<b>Vegetable nuggets</b>
<b>Jacket potato with a variety of fillings</b>	<b>Jacket potato with a variety of fillings</b>	<b>Jacket potato with a variety of fillings</b>	<b>Jacket potato with a variety of fillings</b>	<b>Jacket potato with a variety of fillings</b>
<b>Salad bar</b>	<b>Salad bar</b>	<b>Salad bar</b>	<b>Salad bar</b>	<b>Salad bar</b>
<b>Choice of sandwiches</b>	<b>Choice of sandwiches</b>	<b>Choice of sandwiches</b>	<b>Choice of sandwiches</b>	<b>Choice of sandwiches</b>
<b>Fresh Fruit</b> <b>Yoghurt</b> <b>Apple crumble and custard</b>	<b>Fresh Fruit</b> <b>Yoghurt</b> <b>Cornflake buns</b>	<b>Fresh Fruit</b> <b>Yoghurt</b> <b>Ginger sponge and custard</b>	<b>Fresh Fruit</b> <b>Yoghurt</b> <b>Vanilla ice cream</b>	<b>Fresh Fruit</b> <b>Yoghurt</b> <b>Strawberry mousse</b>

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# ST ANDREW'S JUNIOR SCHOOL

## AUTUMN TERM 2023 – WEEK 3

w/c 18 September, 9 October, 6 November, 27 November, 18 December 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <b>Sausage and mash</b> <b>Yorkshire pudding</b> <b>Peas and sweetcorn</b>	 <b>Spaghetti Bolognese</b> <b>Garlic bread</b> <b>Carrots and green beans</b>	 <b>Roast of the week</b> <b>Roast potatoes</b> <b>Broccoli and cauliflower</b>	 <b>Pepperoni or Cheese Pizza</b> <b>Herby diced potatoes</b> <b>Baked beans</b>	 <b>Chicken goujons</b> <b>Spicy wedges</b> <b>Peas and sweetcorn</b>
<b>Vegetable sausage</b>	<b>Vegetable Bolognese</b>	<b>Cheese pasty</b>	<b>Macaroni cheese</b>	<b>Vegetable sausage roll</b>
<b>Jacket potato with a variety of fillings</b>	<b>Jacket potato with a variety of fillings</b>	<b>Jacket potato with a variety of fillings</b>	<b>Jacket potato with a variety of fillings</b>	<b>Jacket potato with a variety of fillings</b>
<b>Salad bar</b>	<b>Salad bar</b>	<b>Salad bar</b>	<b>Salad bar</b>	<b>Salad bar</b>
<b>Choice of sandwiches</b>	<b>Choice of sandwiches</b>	<b>Choice of sandwiches</b>	<b>Choice of sandwiches</b>	<b>Choice of sandwiches</b>
<b>Fresh Fruit</b> <b>Yoghurt</b> <b>Syrup sponge and custard</b>	<b>Fresh Fruit</b> <b>Yoghurt</b> <b>Rice pudding</b>	<b>Fresh Fruit</b> <b>Yoghurt</b> <b>Jam sponge and custard</b>	<b>Fresh Fruit</b> <b>Yoghurt</b> <b>Vanilla ice cream</b>	<b>Fresh Fruit</b> <b>Yoghurt</b> <b>Chocolate brownie</b>

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