



# ST ANDREW'S JUNIOR SCHOOL

## WEEK 1 MENU – AUTUMN TERM 2023

w/c 4 September, 25 September, 16 October, 13 November & 4 December 2023



## ALLERGEN CHECKLIST

	Gluten	Shellfish	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Peanuts	Celery	Sesame Seeds	Sulphur Dioxide	Lupin	Mustard
Chicken Tikka Curry							✓							
Vegetable Curry							✓							
Rice														
Naan Bread	✓													
Iced Ginger Sponge	✓		✓				✓							
Custard							✓							
Cottage pie	✓						✓							
Mashed potato							✓							
Broccoli Cauliflower														
Vegetable Cottage pie	✓						✓							
Chocolate chip muffin	✓		✓				✓							

<b>Roast of the week</b>														
<b>Mashed potato</b>							✓							
<b>Green beans Carrots</b>														
<b>Vegetable hotpot</b>	✓						✓							

	Gluten	Shellfish	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Peanuts	Celery	Sesame Seeds	Sulphur Dioxide	Lupin	Mustard
Chocolate sponge & custard	✓		✓				✓							
Cheese & pepperoni pizza	✓						✓							
Herby diced potatoes														
Beans														
Macaroni cheese	✓						✓							
Ice cream							✓							
Battered fish	✓			✓										
Potato wedges														
Mushy peas														
Curry sauce	✓					✓								✓
Vegetable burger	✓													
Flapjack	✓						✓							

Salad Bar														
Cheese sandwich							✓							
Ham sandwich														
Tuna mayo sandwich				✓			✓							✓
Jacket potato with cheese							✓							
Jacket with baked beans														
Yoghurt							✓							



# ST ANDREW'S JUNIOR SCHOOL WEEK 2 MENU – AUTUMN TERM 2023

w/c 11 September, 2 October, 23 October, 20 November & 11 December 2023

## ALLERGEN CHECKLIST

	Gluten	Shellfish	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Peanuts	Celery	Sesame Seeds	Sulphur Dioxide	Lupin	Mustard
Chicken Pie	✓		✓				✓							
Cheese Pie	✓		✓				✓							
Apple crumble	✓						✓							
Custard							✓							
Lasagne	✓		✓				✓							
Garlic bread	✓		✓				✓							
Sweetcorn Peas														
Vegetable Lasagne	✓		✓				✓							
Cornflake buns	✓						✓							

Roast of the week														
Roast potatoes														
Cauliflower Broccoli														
Vegetable pie	✓		✓				✓							
Ginger sponge & custard	✓		✓				✓							
Pizza	✓						✓							
Fish fingers	✓			✓										
Macaroni Cheese	✓			✓			✓							
Vegetable nuggets	✓													
Sweet Potato wedges														
Peas Carrots														
Strawberry mousse							✓							
Salad Bar														

<b>Cheese sandwich</b>							✓							
<b>Ham sandwich</b>														
<b>Tuna mayo sandwich</b>				✓			✓							✓
<b>Jacket potato with cheese</b>							✓							
<b>Jacket with baked beans</b>														
<b>Yoghurt</b>							✓							



# ST ANDREW'S JUNIOR SCHOOL

## WEEK 3 MENU – AUTUMN TERM 2023

w/c 18 September, 9 October, 6 November & 27 November & 18 December



## ALLERGEN CHECKLIST

	Gluten	Shellfish	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Peanuts	Celery	Sesame Seeds	Sulphur Dioxide	Lupin	Mustard
Sausages	✓					✓								
Vegetable sausages	✓													
Mashed potato							✓							
Yorkshire pudding	✓		✓				✓							
Peas/sweetcorn														
Syrup sponge	✓		✓				✓							
Custard							✓							
Spaghetti bolognese	✓													
Vegetable lasagne	✓						✓							
Garlic bread	✓						✓							



	Gluten	Shellfish	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Peanuts	Celery	Sesame Seeds	Sulphur Dioxide	Lupin	Mustard
Rice pudding	✓						✓							
Roast of the week														
New potatoes														
Broccoli Cauliflower														
Cheese Pasty	✓		✓				✓							
Jam sponge	✓			✓			✓							
Custard							✓							
Pizza	✓						✓							
Chicken Goujons			✓				✓							
Macaroni Cheese	✓		✓				✓							
Herby Diced Potato														
Peas and sweetcorn														
Vegetable Sausage roll	✓		✓				✓							
Chocolate brownie	✓		✓				✓							

Salad Bar														
Cheese sandwich							✓							
Ham sandwich														
Tuna mayo sandwich				✓			✓							✓
Jacket potato with cheese							✓							
Jacket with baked beans														
Yoghurt							✓							