## Weardale Adventure Centre







www.weardaleadventurecentre.co.uk Telephone: 01388 537387

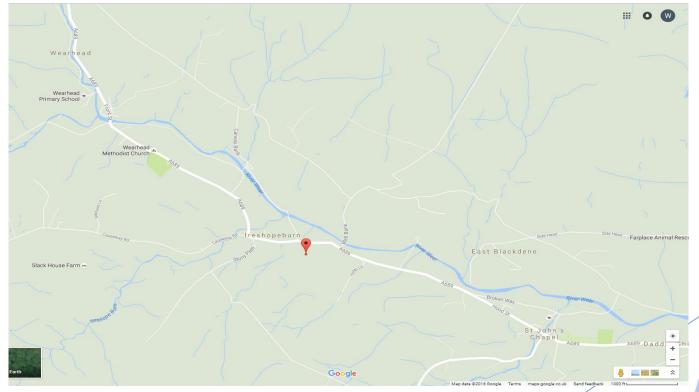
#### Agenda

- Where the centre is and information about the centre
- Information about dormitories
- What food your children will eat
- What activities they will do and what a typical day looks like
- Medical needs
- Costs
- Staff
- Sickness
- Opportunity to ask Fiona, Mrs Jocelyn or Mrs Clarke questions

## 11th- 13th September 2024

### Where are we?

We are based in County Durham, in the North Pennines. We are situated in an Area of Outstanding Natural Beauty! We are approximately 1 hour from Penrith, Newcastle and the Lake District.



We are licensed by the Adventure Activities Licensing Authority, (AALA) who are part of the Health and Safety Executive.

The aim of the adventure activities licensing is to provide assurances to the public about the safety of those activity providers who have been granted a licence.

A licence is only granted after a full inspection of the provider, with further inspections carried out each year.

## We also hold a full **Learning Outside the Classroom Badge**.

This is a national award combining the essential elements of provision – learning and safety – into ONE easily recognisable and trusted accreditation scheme.

The LOtC Quality Badge means that the holder has passed a robust assessment designed to ensure that they are meeting schools' learning and risk management needs, no matter what activities they offer.

## Our Staff

- Weardale Adventure Centre use only qualified and professional staff to run all of our activities.
- Our Instructors are all experienced and knowledgeable and hold all relevant national governing body qualifications.
- Our instructors are all outdoor first aid qualified.
- Our kitchen staff all hold a minimum of a Level 2 Health and Hygiene Certificate and we follow the SFBB guidelines which ensured we achieved a Food Hygiene Rating of 5.
- All staff are DBS checked.

### Where will you be staying?



Although most of the time you will be out taking part in fun activities, you will also spend time in our Centre, that can sleep over 80 people!

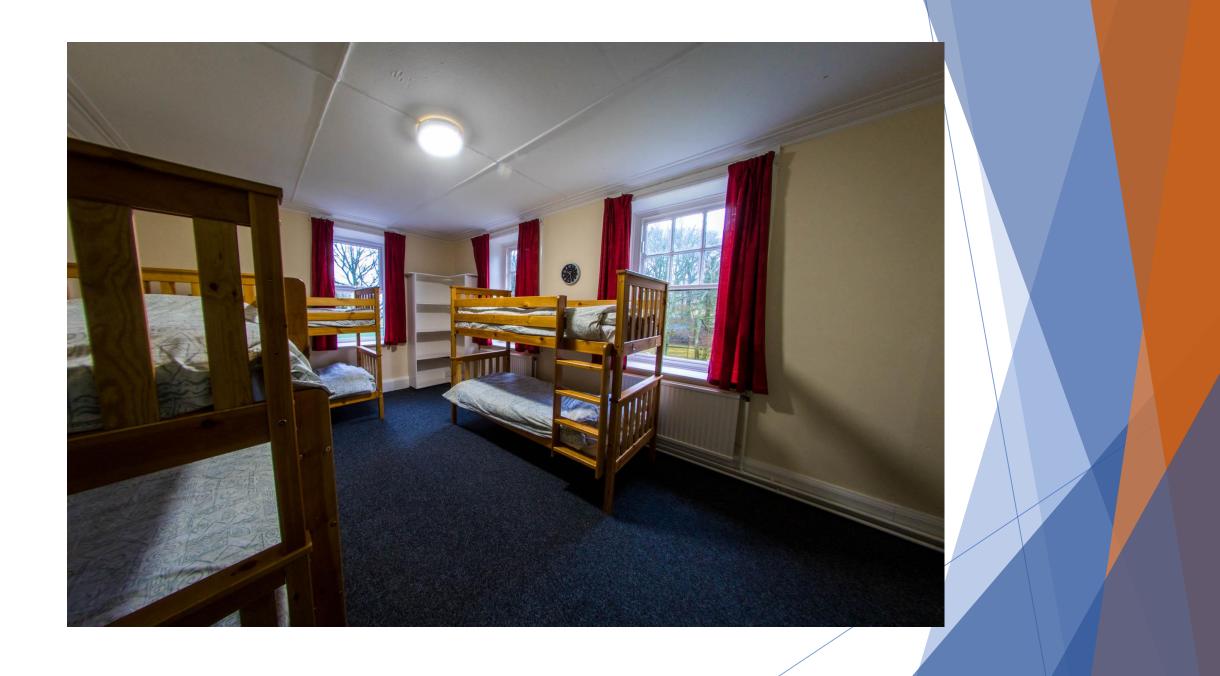












#### Dining room

Just like school;

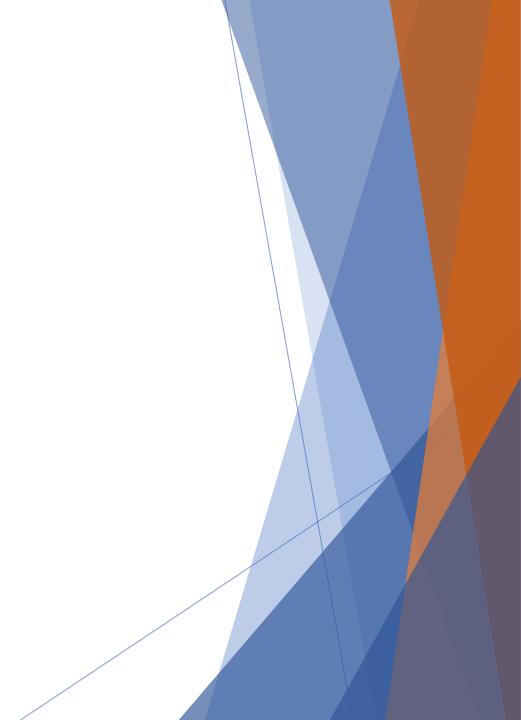
Collect your food from the hatch.

Eat.

Scrape your plates into the bin.

Put your plates and cups on the trolley.

What food will you eat?



Breakfast – cereal, toast, fruit, yogurt, pastries

Lunch – sandwiches, fruit, snacks, tomato pasta, jacket potatoes, soup

#### **Evening Meals**

Cheese pizza, hot dogs and chips

Bolognaise pasta bake, mac and cheese, vegetable pasta bake

Chicken tikka masala, sweet and sour chicken

Jacket potato, quiche

Chicken / Quorn nuggets, chips, beans, peas, corn Bbq chicken, sausages, chips, mash, peas, corn

Desserts – Fruit crumble, Iced vanilla sponge, chocolate cake, brownie, jelly

\*\*\*Nobody goes hungry\*\*\*

#### A Typical Day

09:00pm	Bed time and lights out
7:00pm - 09:00pm	You will have the option of free time, making use of the games room, or watching a movie.
6:30pm - 7:00pm	A typical evening activity may include a disco, camp fire, quiz, night-line or scavenger hunt.
6.00pm - 6.30pm	Tuck shop will be open if your school would like it.
5:00pm - 6:00pm	The evening meal is a home-cooked dinner which will have been allocated by the school before arrival from the menu we provide.
4:00pm - 5:00pm	The children get to decide how they would like to relax after their busy day! There are options for showers, a games room or chilling out downstairs.
1:00pm - 4.00pm	The children stay in the same groups for all their sessions, and after lunch they prep and undertake their new challenge.
12:00pm - 1.00pm	Packed lunch and preparations for afternoon.
9:00am - 12:00pm	Morning activity preparation takes place downstairs and the children split into their activity groups, meet their instructors, prepare and enjoy their activity.
7:00am - 9:00am	Morning starts early when you're on a residential trip! Lights on at 7am and after showers, we serve the groups a hearty breakfast at 8am to set them up for the day.
	A Typical Day



## We also have lots of secure outdoor space where you can run around and play games!



# Can you stay afloat, or will you end up going for a swim?

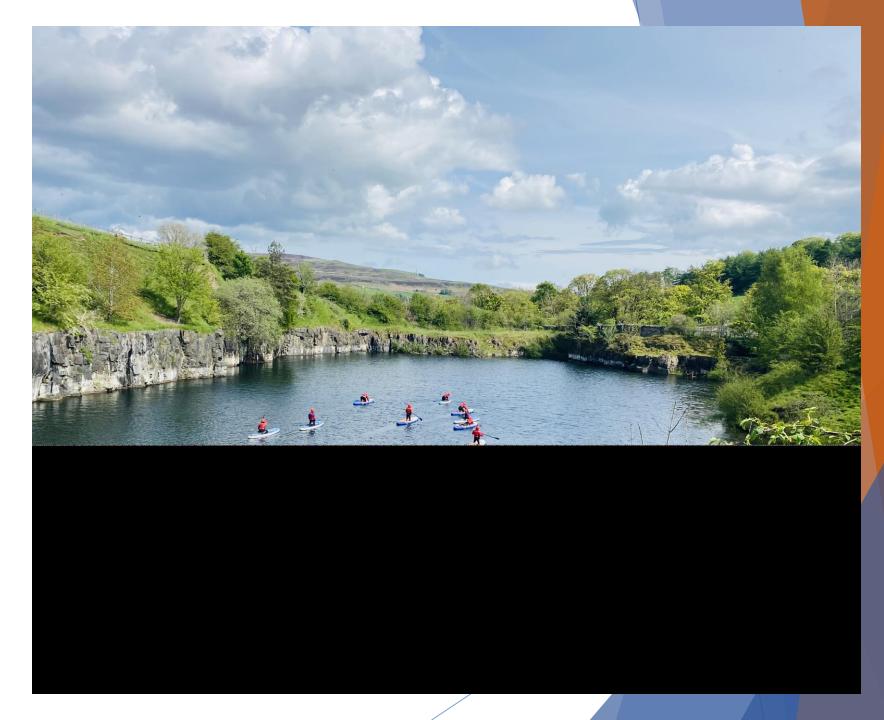


#### **Our Quarry**

#### Canoeing

### Paddleboarding

Raft building



## Slip and slide your way through our River



## Take a "Leap of Faith" on our high ropes



## Have a go at climbing to the top of our rock face!

We have a suggested kit list to help you pack.

We provide all safety equipment.

No specialist clothing is required.

Our kitchen staff are used to catering for children with allergies, dietary requirements and just plain old fashioned fussy eaters.

### Bushcraft

## Learn survival skills, wild cooking and shelter building!



## Find out more information about us by:

## Visiting our website: www.weardaleadventurecentre.co.uk

## Youtube: Weardale Adventure Centre

## Medical Needs

A medical form will be sent home before the children break up for Summer.

Please include all necessary information.

All activities can be adapted to meet any needs and so be assured that your child will be able to join in with all activities.

#### Costs

- Total cost of trip is £200
- This covers all food, staff at the centre, accommodation, Insurance and activities.
- School is covering the cost of the transport
- FSM please speak to the school office
- Please meet the deadlines dated
- Please do not wait until the final deadline to pay for the whole trip
- Children can bring up to £4 spending money for the tuck shop (tuck shop includes small souvenirs such as badges and pencils and pop, sweets and chocolate).

### Staff

- When children arrive they will be split into groups of approximately 10 pupils (maximum of 12)
- Each group will have a group leader and a member of staff from school for each activity they do. Some activities will have more than one instructor.
- We also take an extra adult to oversee all groups
- Our staff will remain with the pupils at all times
- Weardale Staff remain with the pupils during their 3 daily activities

#### Sickness

- Staffing levels are very high
- If your child was poorly we would be in touch and, if required, we will ask you to collect your child or bring them home depending on the circumstances.
- More information about medication will be given closer to the time. Teachers will only give pupils prescribed medicine.
- Sickness tablets will be administered to pupils if the appropriate form has been completed prior to the trip.

#### Mobile phones



- Mobile phones and electronic devices are not to brought on the trip
- We will send text messages to all parents with updates about the trip
- We will get in touch with you If we needed to.
- Enjoy the peace! ☺

## **Any Questions?**

