



# ST. ANDREW'S CE (VA) JUNIOR SCHOOL

Promoting excellence within a caring, Christian community

Headteacher: Mrs Karen Smith

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26<sup>th</sup> April 2024

## PARENT & CHILD HEALTHY COOKING WORKSHOPS

Dear Parent/Carers,

We are very fortunate to be able to offer 3 weeks of healthy cooking workshops for parents and children led by Lalage Duncan of Phunky Foods. There is **no charge** for attending these sessions.

The sessions will involve making and eating a variety of quick, healthy and low cost snacks.

The sessions will run, in school, on Thursday 6<sup>th</sup> June, Thursday 13<sup>th</sup> June and Thursday 20<sup>th</sup> June at 3.30pm until 4.30pm. **Please note that you must commit to attending all 3 sessions, it is not possible to attend only part of the course.**

If you would like to attend the workshops please complete the online form via the link below **no later than Friday 10<sup>th</sup> May**. We anticipate the demand for these workshops will be high as places are limited. **You will be notified by text following the closing date if you have received a place.**

<https://forms.office.com/e/4BfARiX52c>

If you wish to attend with more than one child please state on the form via the link and we will do our best to accommodate.

**Unfortunately we cannot accommodate siblings younger than 5 years.**

Should you have any questions please feel free to contact me.

Kind regards

**Mrs Brearley**  
Senior Learning Mentor

