



ST. ANDREW'S CE (VA) JUNIOR SCHOOL

Promoting excellence within a caring, Christian community

Executive Headteacher: Mrs Amanda Jocelyn

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Dear Parents/Carers

SCHOOL NURSE VISIT – YEAR 4

The children in our school follow a programme of Personal, Social, Health and Citizenship Education (PSHCE). As part of this, and as part of our Sex and Relationship Education, the children learn about physical changes. The first part of the course on body changes is delivered by the school nurse and the class teachers. On **Thursday 26th June**, the children in Year 4 will begin these lessons. The girls in Year 4 will have a lesson about periods and the different types of sanitary protection available. The boys will have a lesson about personal hygiene. The talk with the girls will be taught by the school nurse. The session will take place in separate classrooms for the girls and boys. We have always found that the children find these sessions incredibly useful.

During the session, there will be time for pupils to ask questions. Children may have more questions for you when they get home that evening.

This will be followed up by more work on relationships and babies at the end of Year 5.

Should any parents or carers have any questions or want to discuss any of the content in more detail, please do get in touch with Mrs Jocelyn via the school office.

Thank you for your continued support.

Mrs A Jocelyn

Executive Headteacher

