



ST. ANDREW'S CE (VA) JUNIOR SCHOOL

Promoting excellence within a caring, Christian community

Executive Headteacher: Mrs Catherine Palmer

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Waterloo Road,
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HD6 2AN

1st October 2025

PARENT & CHILD HEALTHY COOKING WORKSHOPS

Dear Parent/Carers,

We are very fortunate to be able to offer 3 weeks of healthy cooking workshops for parents and children led by Karen Cross of Phunky Foods. There is **no charge** for attending these sessions.

The sessions will involve making and eating a variety of quick, healthy and low cost snacks.

The sessions will run, in school, on Tuesday 11th November, Tuesday 18th November and Tuesday 25th November at 3.30pm until 4.15pm. **Please note that you must commit to attending all 3 sessions, it is not possible to attend only part of the course.**

If you would like to attend the workshops please complete the slip below and return to school **no later than Friday 10th October**. We anticipate the demand for these workshops will be high as places are limited. **You will be notified by text, following the closing date, if you have received a place.**

If you wish to attend with more than one child please state on the slip below and we will do our best to accommodate.

Unfortunately we cannot accommodate siblings younger than 5 years.

Should you have any questions please feel free to contact me.

Kind regards

Mrs Brearley
Pastoral Manager



PARENT & CHILD HEALTHY COOKING WORKSHOPS

Child's Name Class

I would like to attend the Parent & Child Healthy Cooking Workshops and I understand that both my child and I must attend all 3 sessions.

Please state below if you or your child have any allergies/food intolerances.

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Signed.....(Parent/Carer) Date.....